

Yellow Dot/Vial of Life

In a medical emergency it is vital for emergency personnel to obtain a list of medicines being taken by anyone having a problem. Our First Responders will always ask for this information and it is a good idea to have this information readily available.

The Yellow Dot Program from TDOT began in 2013. In 2014, RBHOO had a speaker on the program and arranged for Yellow Dot packets for members. These consist of a sticker for the rear auto window, a form to list medical information, medications etc. with a place for a photo of that person for identification purposes in an accident situation, and a yellow folder to be placed in the glove compartment.

At home, the Vial of Life can be a bottle, perhaps an old empty pill container, with this information in your refrigerator. A form listing medical conditions, medical history, current medications, allergies, doctors' name and phone numbers, health insurance provider and any other pertinent information should be placed into the container.

At the website **www.VialofLife.com** a form can be viewed and printed. They can also send you a copy, if you choose, along with stickers for your front door and refrigerator. We urge everyone to do this to save time in an emergency.

Vial of Life vials can also be obtained from some pharmacies—ask at the pharmacy counter if your pharmacy participates in such a program. Other information to keep on hand: It is also recommended that copies of your medication list, notarized or witnessed medical Power Of Attorney and Living Will or End Of Life form for each family member in the glove box of each of your family's vehicles